



**ENTERPRISES
SHIPPING &
TRADING S.A.**



EST Newsletter

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SPECIAL POINTS OF INTEREST:

- EST S.A. receives the Gold Bee Award from EBEN GR
- Information Management

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EST S.A. receives the Gold Bee Award from EBEN GR



Mr. Victor Restis receives the Gold Bee Award from Prof. Luc Van Liedekerken, former EBEN President.

Enterprises Shipping and Trading S.A. received the Gold Bee Award on the 11th of September further to an assessment carried out at our premises on the 7th of June 2009.

Mr. Victor Restis was handed the Gold Bee award by Mr Antonis Gortzis, President of the Hellenic Institute of the business ethics, the retiring President of the European Business Ethics Network, Prof. Luc Van Liedekerke and the new President of EBEN Prof. Alejo Jose G. during a Gala Dinner held at the Yacht club honouring the companies that succeeded in EBEN GR Bee Model application.

This took place after the end of the 22nd EBEN Annual Confer-

ence that referred to "Pathos for Ethics".

While receiving the award, Mr. V. Restis stated that *"being awarded by the EBEN makes us proud of the business ethics practices we have applied all these years since the first day of our establishment.*

It is beyond any doubt that Greek shipping companies have greatly contributed to the Greek economy. But, it is believed that some of the business practices applied in the field of shipping were not aligned with business ethics, which has given a bad reputation and a negative public image of the shipping industry.

Business Ethics will ensure business de-

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Information Management

*Captain Michael Barnes, Enterprises Shipping and Trading S.A
(part of the article has been published in Alert! Issue 21)*

As a ship's master I have been employed by Enterprises Shipping and Trading S.A. since the turn of the century in bulk carriers with two interludes in different vessel types, one a 2200 TEU container ship and the other a handysize general purpose vessel. I am semi computer literate which means I am able to use a computer and produce simple automated spread sheets but am lost when it comes to repair and maintenance of a computer.

"Information management"

can be defined as the skilful use of gathered facts (information) to achieve an objective. This implies that the right information is prepared and presented at the right time to the right person in a manner that is immediately understood and relevant to the situation at hand. The person preparing the information can be, and often is, the end user as well.

To manage information it is necessary to assess its requirements according to its type. Information can be classed in various classes and subclasses i.e. information transmitted and received, information from instrument readouts and information in manuals, files and regulations. The treatment of the various classes of information is dependant on its source, location and destination.

The ship's master is the focal point for incoming and outgoing information. He has direct contact with most of the interested parties and indirect contact via his Agents with the others. He has access to Email, Telephone, Facsimile and Telex in his office, in the navigating bridge or, more commonly, in both locations.

Incoming information either provides information and/or instructions or requests information, such as port requirements from agents, charterers voyage instructions and requests for information from the managers. Each message is dealt with according to its

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merits and stored for future reference.

There is also the need to send out information to interested parties ashore such as Owners, Operators, Managers, Charterers, Agents, Port Authorities etc. This includes position reports, port documents and cargo plans and loading. The Chief Mate as Security Officer also prepares the ISPS documentation.

On the bridge there is a variety of instruments at the bidding of the master and officer of the watch (OOW) providing position, speed, course steered and made good, depth of water, rate of turn etc. Additionally radar provides information on land and ships in the vicinity. The OOW monitors the communications equipment on the bridge which can cause a conflict, particularly in high traffic situations. In the majority of modern ships, there is direct control of the main engines although in practice this is only exercised in an emergency.

Very rarely is an integrated Bridge/navigation system found on bulk carriers. At best a GPS can be used to monitor cross track error and course over ground. All position are plotted on paper charts. Sometimes an unofficial chart plotting program is loaded on a computer on the bridge and connected to a GPS receiver. Although normal navigational practices are still being carried out the value of this equipment is incalculable and certainly improves the safety of the vessel.

The ship's library consists of Flag State Notices and Regulations, IMO, ITU and Admiralty Publications, Port Guides, equipment manuals and last but not most certainly not least *EST S.A.'s QSEMS manuals*. These all require to be cataloged and are frequently consulted by the ship's staff. QSEMS Manuals are required reading by the entire ship's crew.

EST's manuals are provided both as hard copy and also on a compact disc (CD) in portable document format (PDF). Some Port Guides also provide a CD with their books. Isle of Man Regulations and Merchant Shipping Notices are available in PDF and can be

obtained on the internet at the IOM Ship Registry Website.

At the heart of information management, and ISM, is a good filing system. Without this the access to information can take on monstrous and daunting proportions. There are a large number of filing systems and each one has its proponents and detractors. EST S.A. uses a paper based numerical system that encompasses around 50 Deck and 21 Engine files with alphabetical subdivisions, all detailed in the Operations Manual Standing Instructions. In addition there is forms list which details in a matrix by Company recipient departments the file number, form number, method of transmission and frequency of preparation. Certain checklists and forms are not transmitted but filed on board. The system is under continuous review and updating as circumstances warrant.

All documentation is paper based, but the Information Revolution is beginning to make itself felt, albeit in a small way. Documents are being sent as Email attachments instead of facsimile transmissions. There are a number of computers on the vessels, generally stand alone, with document transfer by floppy disk or flash memory. Computer based training (CBT) is employed for crew training on the ships to supplement training drills.

The main obstacle in changing to a computer based system is the reliability of computers and peripherals. Usually there is very limited repair and maintenance knowledge available on board. Data security is dependent on regular backup which is improving with the availability of external hard disc drives (HDD) of 500 GB capacity. Crew computer literacy is also somewhat varied, from enthusiastic hacker to absolute novice. By far the highest risk factor is the amateur computer expert who, while trying to assist, clears the HDD or deletes the operating system, usually at the beginning of the voyage with 28 days to go.

For the future I would like to see integrated Bridge/Navigation systems as the norm for all ship's, provided they are not used to replace properly qualified and skilled navigating officers. For inventory handling, maintenance and QEMS I would like a central data base system with reliable ship/shore buffered access from the ship and good cross checks.

➤ continued fm page 1 "EST S.A. receives the Gold Bee Award from EBEN GR"



Mr. Victor Restis and Mr. George Sarris are congratulated by EBEN GR President Mr. Antonis Gortzis.

organization and every Greek Shipowner should be aiming towards this direction."

In a recent economic forum convened by the United Nations, it was

velopment and sustainable growth and will lead towards a social and economically responsible organization.

Business Ethics is the present and the future of every successful

stressed that "corporate social engagement must be part of core business strategy".

Indeed, today more than ever, ethics should be put in the core of every organization's strategic planning. A major reason for this global economic crisis that has had an impact on everyone's business life was due to the lack of sustainable governance controls, CSR policies and ethical practices.

The 22nd EBEN Annual Conference was unique, as EBEN wished to pay a tribute to the Ancient philosophers, Socrates, Plato and Aristotle who pioneered the concept of "ethos" and "areti" (virtue).

The EBEN model is developed by the Greek chapter divided in three assessment levels and consists of Corporate Governance and Corporate Social Responsibility criteria, crossing each other into the Standard Corporate Code which is to the heart of the model. Enterprises has reached the final level, however, this will not stop us from seeking through business ethics, new methods, systems and development tools that will assist us to improve our overall performance and to achieve sustainable growth.

Pirate's Moon Party

Brighter nights and weaker winds will make conditions ripe for pirates to attack ships in the days around 4 October, the International Maritime Bureau's Piracy Reporting Centre (PRC) has warned.

Ship crews transiting the Gulf of Aden and sailing off the Somali coast are urged "to operate at a heightened state of readiness, maintaining strict 24-hour anti-piracy lookout and radar watch" as the Harvest Moon closes in.

According to RPC "Ships are reminded that during full moon period when the sky is brightly illuminated by moonlight pirates may try to attack and hijack ships during such times.

It appears that in the next few days when the approaching Full Harvest Moon around 4 October is seen during a clear sky, pirates may attempt to attack ships during the nights. Wind speed has also dropped making it favorable for pirates."

The Full Harvest Moon is traditionally the Full Moon which is closest

to the Autumnal Equinox and usually occurs in September but sometimes, like in 2009 and next in 2017, occurs in early October.

Somali pirates have had poor pickings for much of the summer with attacks occurring only once in a full moon but this is changing, however as the pirate activity has increased recently off the coast of Somalia with four attempted attacks occurring on motor vessels in the Gulf of Aden since 19 September.

The Navy highlighted three attacks in the region 10 days ago and another at the weekend (26-27 September), bringing the total number this year to 146, of which 28 resulted in hijackings.

Moreover, the end of the monsoon season off the Somali coast has the Combined Task Force (CTF) 151, getting prepared for further attacks. CTF commander Admiral Scott Sanders said: "CTF 151 is ready to counter these attacks and support vessels in need. We're not being passive out here; we're being proactive. We are creating an environment in which pirates are not so bold."



This Might Happen To You...

Source: Chevron Safety Bulletin

This Might Happen To You



You do not use Safe Working Practices

INCIDENT DESCRIPTION

While descending stairs on an export tanker, an employee slipped, fell and injured his right elbow. The injured person received First Aid on board the export tanker and returned to work on the tanker. On returning to shore about two and half hours later, the Injured Person was transferred to the clinic in Escravos, where three stitches were administered. The Injured Person was declared fit to perform his normal duties the following day.

What Went Wrong

- The Injured Person grabbed the stair rails with both hands while descending the stairs, putting his hands in an "over-the-rail" position instead of using the Trailing Hand Technique.
- The Injured Person momentarily released his right hand slightly off the stair rails in order to get past the stair rail support stanchion; He slipped and fell at this point.
- Some parts of the stair rails were slightly wet as a result of high relative humidity. This was due to a sea condition.

Lessons Learned/Action Plan

- Although the Injured Person took steps to prevent slip and fall by hold-



ing the stair rails with both hands, the action proved to be inadequate due to the incorrect hand position. When he had to momentarily release his hand grip, the other hand – in an overhand position of the rail – proved incapable of providing proper support.



- The "Trailing Hand Technique" is the preferred method to use while descending stairs because it generally steers the body into a sitting position when a slip occurs.

Tenets of Operation Broken

- ⇒ Always follow safe work practices and procedures



Sports

EUROBASKET 2009

POLAND (07/09/2009-20/09/2009)

Spain tore apart Serbia 85-63 to capture their first-ever EuroBasket gold medal in Katowice, Poland.

World champions in 2006, silver-medal winners at EuroBasket 2007 in Madrid and runners-up to Team USA at last year's Olympics, the Spanish underlined their status as the dominant side on the continent.

They will travel to Turkey next year for the FIBA World Championship as one of the gold-medal favorites.

Pau Gasol, who won an NBA title with the Los Angeles Lakers in June, finished with 18 points and 11 rebounds and also blocked three shots - all game-highs. "This is an amazing feeling," said the seven-footer, who was voted MVP of the EuroBasket.

"It's been an unbelievable year for me - first the NBA title and now a gold medal at the EuroBasket, something that we had never achieved before. "We have played great and we truly deserve to enjoy this."

Serbia had won the first meeting between the two sides, 66-57, on opening night in Warsaw and they

were sky high after edging Slovenia in overtime to reach the final. Their coach, Dusan Ivkovic, had led the former Yugoslavia to three gold medals in as many finals.

But Spain entered the contest red hot, riding a 4 game winning streak and they delivered a first-half knockout with a couple of decisive scoring surges.

Serbia did not win the gold medal yet they went much further than anyone expected and the disappointment was quickly forgotten. "It was important for us to bring respectability back to Serbian basketball after what happened two years ago. We did that at this tournament," said Perovic. Milenko Tepic predicted a bright future for this young Serbian team.

"Today was a tough game for us. We were still tired from last night's win over Slovenia. But the future is bright for us. We were the youngest team here and that means we will have a lot of time in years to come." Pau's younger brother Marc thought Spain's success was that much sweeter as they had their share of troubles in the tournament. "We struggled in this tournament, but that makes the gold medal even better," he said.



	1.	Spain
	2.	Serbia
	3.	Greece
	4.	Slovenia
	5.	France
	6.	Croatia
	7.	Russia
	8.	Turkey
	9.	F.Y.R.O.M
	10.	Poland
	11.	Germany
	12.	Lithuania
	13.	Great Britain
	14.	Israel
	15.	Bulgaria
	16.	Latvia

Global News

🇬🇷 Greek Socialists win landslide election victory

ATHENS (Reuters) - Greece's Socialists on Sunday won a landslide election victory on promises they would tax and spend to battle an economic crisis that the incumbent conservatives failed to get to grips with. In a clash between heirs of famous political dynasties, socialist PASOK leader George Papandreou defeated outgoing prime minister Costas Karamanlis at the third attempt, having lost the last two elections in 2004 and 2007.

Party	Seats	Percentage
	160	43.92 %
	91	33.48 %
	21	7.54 %
	15	5.63 %
	13	4.60 %
		2.53 %

Cheering, drums and horns echoed through central Athens and the streets were awash in green flags and dancing supporters. "Today we change the course for Greece and for our lives. Today we start a great national effort to put our country on a course of recovery, development and creation," Papandreou told reporters after claiming victory in front of a cheering crowd.

Papandreou, 57, had promised a 3 billion euro stimulus package on a platform of taxing the rich and helping the poor, while Karamanlis, 53, called for two years of austerity. Karamanlis conceded defeat at the election center in central Athens and resigned from his party's leadership. "I want to congratulate George Papandreou for his victory," he told reporters. "Our government faced the storm of the most serious post-war crisis... Citizens did not approve my plan."

MARKETS PLEASED

The soft-spoken Papandreou, born in the United States, has fought hard to escape the heavy shadow of his legendary father and PASOK founder Andreas. Karamanlis, a powerful speaker, is the nephew of elder statesman Constantine Karamanlis.

Markets were likely to be pleased with the result. "Not because they have a preference between the two parties but because a new government with a parliamentary majority will have a fresh mandate to pursue its program over a four-year term," said Alexander Moraitakis, president of the Greek brokers association SMEHA.

Papandreou will face a budget deficit topping 6 percent of Gross Domestic Product, rising unemployment and deep unhappiness with the education system, social security and immigration.

Economists question the wisdom of Papandreou's spending plan, saying it may lead to more borrowing in a country which already has the euro zone's second biggest debt after Italy as a percentage of GDP.

🇸🇴 Somali pirates free Turkish ship after ransom

BOSASSO, Somalia (Reuters) - Somali pirates freed a Turkish ship on Monday after a pirate source said the hijackers received a \$1.5 million ransom. A regional maritime official confirmed the bulk carrier Horizon-1, which was seized on July 8 with 23 Turkish crew members on board, had been released.

"We accepted \$1.5 million to release the Turkish ship," one of the pirates, who gave his name as Abshir, told Reuters by telephone from the gangs' stronghold of Eyl. "We delayed leaving because of accounting: we were sharing out the money. We disembarked from the ship this afternoon." Residents in Eyl said associates of the pirates held a big party to celebrate the ransom payment.

"There is too much noise. The pirates' friends in Eyl are celebrating. Some have gone to welcome the pirates who took the ransom,"

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(continued from page 4)

a local man told Reuters by phone. Andrew Mwangura of the Kenya-based East African Seafarers' Assistance Program confirmed the ship, which was believed to be carrying sulfate when it was hijacked, had been released.

There was no immediate word on the condition of the crew. Spanish media said at the time that the vessel had been en route from Jordan to Saudi Arabia when it was hijacked.

FISHING BOAT HELD

Pirate raids have continued in the Indian Ocean and strategic Gulf of Aden despite foreign naval patrols off the lawless Horn of Africa state. Monsoon rains curbed attacks in recent months, but now they have started to pick up again.

A Spanish tuna fishing boat and its crew of 36, which was seized in the area last week is still being held. Foreign Minister Miguel Angel Moratinos said he spoke to Somalia's prime minister on Monday who promised to help try to secure its release. "The number one authority in Somalia has committed himself to helping all the steps which the Spanish government is taking to liberate the Alakrana," a government statement said.

The government of Somalia, where civil war has been going on for 18 years, controls only small pockets of the capital, Mogadishu. Heavily-armed gangs from Somalia -some made up of former fishermen angered by foreign boats fishing in Somali waters -- have made tens of millions of dollars in ransoms by seizing boats in shipping lanes linking Europe to Asia.

kg

EST S.A. Fleet Position List

vd/mc

Ship Name	Port	ETA	ETD	Ship Name	Port	ETA	ETD
1 African Jaguar	Qinzhou	presently	9/10/2009	34 Energy Patriot	Los Angeles	9/10/2009	11/10/2009
2 African Lion	Maputo	9/10/2009	12/10/2009	35 Energy Pioneer	Tuzla - DD	9/10/2009	23/10/2009
3 African Oryx	Saldanha Bay	16/10/2009	18/10/2009	36 Energy Power	Houston	presently	10/10/2009
4 African Puma	Saldanha Bay	presently	8/10/2009	37 Energy Pride	Rotterdam	13/10/2009	orders
5 African Wildcat	Kandla	9/10/2009	12/10/2009	38 Energy Progress	Cape Town	18/10/2009	20/10/2009
6 African Zebra	Saldanha Bay	15/10/2009	18/10/2009	39 Energy Protector	Boston	presently	11/10/2009
7 Antwerp Max	Damietta	presently	13/10/2009	40 Energy Puma	Sete	11/10/2009	13/10/2009
8 Bay Ranger	Piraeus	7/10/2009	8/10/2009	41 Energy Ranger	Bunbury	17/10/2009	20/10/2009
9 Bergen Max	Damietta	11/10/2009	18/10/2009	42 Energy Skier	Escravos	7/10/2009	10/10/2009
10 Bet Commander	Zhoushan	presently	20/10/2009	43 Energy Sprinter	W. Africa	24/10/2009	orders
11 Bet Fighter	Ferrol	13/10/2009	18/10/2009	44 Force Ranger	Santos	16/10/2009	29/10/2009
12 Bet Intruder	Tarragona	15/10/2009	18/10/2009	45 Ghent Max	Ponta D.Madeira	11/10/2009	14/10/2009
13 Bet Prince	Nouadhibou	presently	11/10/2009	46 Glorius	Rotterdam	8/10/2009	10/10/2009
14 Bet Scouter	Zhanjiang	15/10/2009	18/10/2009	47 Good Hope Max	Rostock	presently	10/10/2009
15 Bremen Max	Panama	7/10/2009	7/10/2009	48 Hamburg max	Corpus Christi	10/10/2009	13/10/2009
16 Brugge Max	Necochea	7/10/2009	8/10/2009	49 Iron Baron	Itaguaí	17/10/2009	30/10/2009
17 Channel Ranger	Toros	19/10/2009	22/10/2009	50 Iron King	Puerto Bolivar	8/10/2009	11/10/2009
18 Constantia	Ijmuiden	11/10/2009	13/10/2009	51 Iron Queen	Dalrymple Bay	presently	6/11/2009
19 Davakis G	Moma	16/10/2009	20/10/2009	52 Island Ranger	Paranam	11/10/2009	16/10/2009
20 Delos Ranger	Revdaanda	8/10/2009	13/10/2009	53 Louis Pasteur	Perama	presently	orders
21 Delphi Ranger	Kandla	presently	9/10/2009	54 Miden Max	Jeddah	18/10/2009	18/10/2009
22 Delphin Voyager	Calvi	presently	7/10/2009	55 Newcastle Max	Yangjiang	15/10/2009	18/10/2009
23 Delta Ranger	Gibraltar	10/10/2009	10/10/2009	56 Ntabeni	Shanghai	7/10/2009	8/10/2009
24 Elbe Max	Zhoushan	presently	20/10/2009	57 Olympius	Taicang	presently	8/10/2009
25 Energy Centaur	Suez / P.Said	7/10/2009	8/10/2009	58 Ostende Max	Pasir Gudang	presently	18/10/2009
26 Energy Centurion	Singapore	10/10/2009	10/10/2009	59 Pierre Doux	Perama	presently	orders
27 Energy Century	Tatanwan	8/10/2009	10/10/2009	60 Power Ranger	Fujairah	14/10/2009	16/10/2009
28 Energy Challenger	Richmond	18/10/2009	21/10/2009	61 SA Altius	Lianuygang	13/10/2009	15/10/2009
29 Energy Champion	Gibraltar	20/10/2009	orders	62 SA Fortius	Singapore	presently	7/10/2009
30 Energy Chancellor	Long Beach	presently	10/10/2009	63 Steel Glory	Puerto Cabello	presently	9/10/2009
31 Energy Commander	Benicia	8/10/2009	9/10/2009	64 Steel Might	Kamsar	7/10/2009	17/10/2009
32 Energy Conqueror	Falmouth	13/10/2009	orders	65 Storm Ranger	Owendo	10/10/2009	13/10/2009
33 Energy Panther	Montreal	13/10/2009	15/10/2009	66 Victorius	Dalian	13/10/2009	15/10/2009



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