

COMPANY'S EXTERNAL TRAINING SEMINARS

Year 2006

Title of Seminar	No. of Participants	Hours
Vibration Seminar	8	80
Bridge Team Management Course	2	48
Table Top Exercise & Regulatory Seminar	3	18
Tanker Chartering Course	1	6
ISO 14001:2004	21	378
Skuld School Seminar	1	19
ISO 9001:2000	21	378
ISO 18001: 1996	12	216
ABS Seminar "MARPOL Annex II and the IBC Code"	3	12
Seminar by Chugoku	9	18
Total	81	1173

Year 2007

Title of Seminar	No. of Participants	Hours
ISM Code Internal Auditor	22	396
EXCEL Training Seminar	18	216
Powerpoint Training Seminar	9	18
Risk Assessment Training Seminar	8	184
Human Factor Influence Seminar	5	25
Ntomino Electronic File	7	14
Company's Newsletter	5	60
Tour on mv Delphin Voyager	8	40
Intertanco Vetting Seminar	5	20
Gallacher Training Seminar	3	18
KPIS Training Seminar	4	12
Ship's Emergency Response Procedures Seminar	24	48
Total	118	1051

Year 2008

Title of Seminar	No. of Participants	Hours
ISO 9001:2000	9	162
ISM CODE Internal Auditor	8	144
Gard Academy Seminar	1	14
Risk Assessment Seminar	8	144
TMSA Training Seminar	10	180
Regulation & Credit Crisis Training Seminar	1	4
Gallacher Training Seminar	2	10
Life at Sea	2	4
USA Environmental Seminar	2	10
ILO Seminar	5	10
Isle of Man Training Seminar	1	10
Total	49	692